

PRAYING SCRIPTURE OVER YOUR LIFE

by Pastor Brian Mills

COMMUNICATION & CONFLICT

Colossians 3:1–3 (NIV)

“Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.

Set your minds on things above, not on earthly things.

For you died, and your life is now hidden with Christ in God.”

Prayer:

Lord, help me set my heart and mind on You today and not be consumed by temporary things.

Colossians 3:10 (NIV)

“And have put on the new self, which is being renewed in knowledge in the image of its Creator.”

Prayer:

God, renew my mind today and help me live out the new life You are forming in me.

Hebrews 4:12 (NIV)

“For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”

Prayer:

Lord, let Your Word search my heart, correct my thinking, and shape my attitudes today.

Philippians 4:6 (NIV)

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”

Prayer:

God, I bring my worries to You today and choose prayer and trust instead of anxiety.

Philippians 4:8–9 (NIV)

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.”

Prayer:

Lord, guard my thoughts today and help me focus on what is true, pure, and honoring to You.

Philippians 3:13 (NIV)

“But one thing I do: Forgetting what is behind and straining toward what is ahead,”

Prayer:

God, help me release the past and move forward in faith and purpose today.

Philippians 2:14 (NIV)

“Do everything without grumbling or arguing,”

Prayer:

Lord, help me live today with gratitude instead of complaint.

Hebrews 11:1 (NIV)

“Now faith is confidence in what we hope for and assurance about what we do not see.”

Prayer:

God, help me walk by faith today even when I don’t see the outcome.

Matthew 5:6 (NIV)

“Blessed are those who hunger and thirst for righteousness, for they will be filled.”

Prayer:

Lord, increase my desire for righteousness and fill my heart with what truly satisfies.

James 4:17 (NIV)

“If anyone, then, knows the good they ought to do and doesn’t do it, it is sin for them.”

Prayer:

God, give me the courage to obey You fully and immediately today.

1 Peter 5:7 (NIV)

“Cast all your anxiety on Him because He cares for you.”

Prayer:

Lord, I release my anxiety to You today, trusting that You care deeply for me.

John 6:63 (CSB)

“The Spirit is the One who gives life. The flesh doesn’t help at all. The words that I have spoken to you are spirit and are life.”

Prayer:

Lord, help me listen to Your voice today and respond to what brings true life.

Job 8:9–12 (NIV)

“For we were born only yesterday and know nothing, and our days on earth are but a shadow. Will they not instruct you and tell you? Will they not bring forth words from their understanding?

Can papyrus grow tall where there is no marsh? Can reeds thrive without water? While still growing and uncut, they wither more quickly than grass.”

Prayer:

God, remind me of my limitations and keep me rooted in You as my source of life.

Jeremiah 29:11 (NIV)

“‘For I know the plans I have for you,’ declares the Lord, ‘plans to prosper you and not to harm you, plans to give you hope and a future.’”

Prayer:

Lord, help me trust Your plans for my life and walk in hope today.

Matthew 18:20 (NIV)

“For where two or three gather in my name, there am I with them.”

Prayer:

God, thank You for Your presence in my life—help me live aware that I am never alone.

MARRIAGE, FAMILY

Genesis 2:18–25 (NIV)

“The Lord God said, ‘It is not good for the man to be alone. I will make a helper suitable for him.’

Now the Lord God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them...

But for Adam no suitable helper was found.

So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man’s ribs and then closed up the place with flesh.

Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man.

The man said, ‘This is now bone of my bones and flesh of my flesh; she shall be called “woman,” for she was taken out of man.’

That is why a man leaves his father and mother and is united to his wife, and they become one

flesh.

Adam and his wife were both naked, and they felt no shame.”

Prayer:

Lord, thank You for the gift of marriage—help us walk in unity, trust, vulnerability, and covenant love as You designed.

Genesis 2:24 (NIV)

“That is why a man leaves his father and mother and is united to his wife, and they become one flesh.”

Prayer:

God, help us live out oneness in our marriage—emotionally, spiritually, and relationally.

Amos 3:3 (NIV)

“Do two walk together unless they have agreed to do so?”

Prayer:

Lord, help us walk in unity and agreement, aligning our hearts, values, and direction with You and with one another.

Malachi 2:14 (NIV)

“The Lord is acting as the witness between you and the wife of your youth, because you have broken faith with her, though she is your partner, the wife of your marriage covenant.”

Prayer:

God, help us honor the covenant You witness and remain faithful in heart, words, and actions.

Matthew 19:6 (NIV)

“So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate.”

Prayer:

Lord, help us protect the unity You created and guard our marriage from division.

Mark 10:1–9 (NIV)

“Some Pharisees came and tested Him by asking, ‘Is it lawful for a man to divorce his wife?’ ‘What did Moses command you?’ He replied.

They said, ‘Moses permitted a man to write a certificate of divorce and send her away.’

‘It was because your hearts were hard that Moses wrote you this law,’ Jesus replied.

‘But at the beginning of creation God “made them male and female.”

“For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.”

So they are no longer two, but one flesh.

Therefore what God has joined together, let no one separate.’”

Prayer:

Jesus, soften our hearts toward one another and help us live out the covenant You designed from the beginning.

Ephesians 5:21 (NIV)

“Submit to one another out of reverence for Christ.”

Prayer:

Lord, help us walk in humility and mutual submission as an act of worship to You.

Ephesians 5:22–33 (NIV)

“Wives, submit yourselves to your own husbands as you do to the Lord...

Husbands, love your wives, just as Christ loved the church and gave Himself up for her...

In this same way, husbands ought to love their wives as their own bodies...

‘For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.’

This is a profound mystery—but I am talking about Christ and the church.

However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.”

Prayer:

Lord, help our marriage reflect Christ’s sacrificial love, respect, and unity.

Ephesians 5:33 (NIV)

“However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.”

Prayer:

God, help me love, honor, and respect my spouse in a way that reflects Christ.

Hebrews 13:4 (NIV)

“Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.”

Prayer:

Lord, help us honor marriage and guard purity in our hearts, minds, and actions.

1 Peter 3:7 (NIV)

“Husbands, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers.”

Prayer:

God, help us treat one another with understanding, honor, and spiritual awareness.

Ecclesiastes 4:9–12 (NIV)

“Two are better than one, because they have a good return for their labor:

If either of them falls down, one can help the other up...

A cord of three strands is not quickly broken.”

Prayer:

Lord, keep You at the center of our marriage and strengthen the bond we share.

COMMUNICATION & CONFLICT

James 1:19 (NIV)

“My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry,”

Prayer:

Lord, help me listen well, speak wisely, and respond with patience today.

Colossians 4:6 (NIV)

“Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.”

Prayer:

God, let my words today be gracious, thoughtful, and life-giving.

Ephesians 4:15 (NIV)

“Instead, speaking the truth in love, we will grow to become in every respect the mature body of Him who is the head, that is, Christ.”

Prayer:

Lord, help me speak truth with love and pursue maturity in how I communicate.

Ephesians 4:26 (NIV)

“In your anger do not sin: Do not let the sun go down while you are still angry,”

Prayer:

God, help me address conflict quickly and righteously without allowing bitterness to grow.

Ephesians 4:29 (NIV)

“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.”

Prayer:

Lord, guard my mouth and help my words build others up today.

FINANCES & STEWARDSHIP

Deuteronomy 8:11–13 (NIV)

“Be careful that you do not forget the Lord your God, failing to observe His commands, His laws and His decrees that I am giving you this day.

Otherwise, when you eat and are satisfied, when you build fine houses and settle down, and when your herds and flocks grow large and your silver and gold increase and all you have is multiplied,”

Prayer:

Lord, guard my heart from forgetting You in times of abundance and help me remain grateful and dependent on You.

Proverbs 3:9–10 (NIV)

“Honor the Lord with your wealth, with the first fruits of all your crops; then your barns will be filled to overflowing, and your vats will brim over with new wine.”

Prayer:

God, help me honor You first with my finances and trust You as my provider.

Hebrews 13:5 (NIV)

“Keep your lives free from the love of money and be content with what you have, because God has said, ‘Never will I leave you; never will I forsake you.’”

Prayer:

Lord, help me live content and free from the grip of money, trusting that You are enough.

Luke 14:28 (NIV)

“Suppose one of you wants to build a tower. Won’t you first sit down and estimate the cost to see if you have enough money to complete it?”

Prayer:

God, give me wisdom to plan carefully and steward resources responsibly.

Luke 16:11 (NIV)

“So if you have not been trustworthy in handling worldly wealth, who will trust you with true riches?”

Prayer:

Lord, help me be faithful with what You've entrusted to me, both now and in the future.

Matthew 6:19–21 (NIV)

“Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal.

But store up for yourselves treasures in heaven...

For where your treasure is, there your heart will be also.”

Prayer:

God, align my heart with eternal priorities and help me invest in what truly lasts.

Matthew 6:24 (NIV)

“No one can serve two masters. Either you will hate the one and love the other... You cannot serve both God and money.”

Prayer:

Lord, help me serve You wholeheartedly and not be divided in my devotion.

Matthew 25:13–15 (NIV)

“Therefore keep watch, because you do not know the day or the hour.

Again, it will be like a man going on a journey, who called his servants and entrusted his wealth to them.

To one he gave five bags of gold, to another two bags, and to another one bag, each according to his ability.”

Prayer:

God, help me faithfully steward what You've entrusted to me and use it for Your purposes.

2 Corinthians 9:8 (NIV)

“And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.”

Prayer:

Lord, help me trust Your provision and live generously toward others.

LEADERSHIP, CALLING & PURPOSE

Psalm 78:72 (NIV)

“And David shepherded them with integrity of heart; with skillful hands he led them.”

Prayer:

Lord, give me integrity of heart and skillful hands to lead well in every assignment You’ve entrusted to me.

Joshua 14:12 (NIV)

“Now give me this hill country that the Lord promised me that day.”

Prayer:

God, give me courage and faith to take the hills You’ve placed before me today.

Colossians 3:17 (NIV)

“And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.”

Prayer:

Lord, may everything I say and do today reflect Jesus and bring glory to Your name.

Colossians 3:23 (NIV)

“Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,”

Prayer:

God, help me give my best effort today, remembering that I ultimately work for You.

Ephesians 6:10–12 (NIV)

“Finally, be strong in the Lord and in His mighty power.

Put on the full armor of God, so that you can take your stand against the devil’s schemes.

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”

Prayer:

Lord, strengthen me in Your power and help me lead with spiritual awareness and dependence on You.

Genesis 1:28 (NIV)

“God blessed them and said to them, ‘Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground.’”

Prayer:

God, help me steward the influence, responsibility, and opportunities You've given me with faithfulness.

Micah 6:8 (NIV)

“He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.”

Prayer:

Lord, help me lead with justice, mercy, and humility as I walk closely with You.

HOLINESS, OBEDIENCE & SPIRITUAL GROWTH

Genesis 4:7 (NIV)

“If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it.”

Prayer:

Lord, help me rule over sin today and choose obedience that leads to freedom and peace.

Job 31:1 (NIV)

“I made a covenant with my eyes not to look lustfully at a young woman.”

Prayer:

God, today I choose purity in my thoughts, actions, and desires.

Jeremiah 7:23 (HCSB)

“However, I did give them this command: Obey Me, and then I will be your God, and you will be My people. You must follow every way I command you so that it may go well with you.”

Prayer:

Lord, help me obey You fully today and walk in the way that leads to life.

Hebrews 13:4 (NIV)

“Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.”

Prayer:

God, help me honor purity and holiness in every area of my life.

James 4:17 (NIV)

“If anyone, then, knows the good they ought to do and doesn’t do it, it is sin for them.”

Prayer:

Lord, give me the courage to do what is right immediately and without delay.

1 John 1:9 (NIV)

“If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.”

Prayer:

God, I confess my sin and receive Your forgiveness and cleansing today.

2 Peter 1:5–9 (NIV)

“For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge;

and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, mutual affection; and to mutual affection, love.

For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.

But whoever does not have them is nearsighted and blind, forgetting that they have been cleansed from their past sins.”

Prayer:

Lord, grow me spiritually and help me mature in faith, character, and love.

Matthew 5:48 (NIV)

“Be perfect, therefore, as your heavenly Father is perfect.”

Prayer:

God, shape me toward spiritual maturity and Christlikeness as I follow You.

HUMILITY, CHARACTER & FRUIT

Luke 14:11 (NIV)

“For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.”

Prayer:

Lord, help me walk in humility today and trust You with my position, influence, and future.

Matthew 12:33 (NIV)

“Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad, for a tree is recognized by its fruit.”

Prayer:

God, shape my heart so my life produces fruit that reflects You.

Galatians 5:22–23 (NIV)

“But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.”

Prayer:

Holy Spirit, grow Your fruit in my life and shape my character to look like Christ.

1 Corinthians 16:14 (NIV)

“Do everything in love.”

Prayer:

Lord, let love guide my actions, reactions, and decisions today.

Micah 6:8 (NIV)

“He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.”

Prayer:

God, help me live justly, love mercy, and walk humbly with You in every situation.

Philippians 2:3–4 (NIV)

“Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.”

Prayer:

Lord, help me value others above myself and live with humility and selflessness.

Philippians 2:14–15 (NIV)

“Do everything without grumbling or arguing, so that you may become blameless and pure, ‘children of God without fault in a warped and crooked generation.’ Then you will shine among them like stars in the sky”

Prayer:

God, help me live with gratitude and joy so my life shines in a dark world.

FAITH, HOPE & EXPECTATIONS

Hebrews 11:1 (NIV)

“Now faith is confidence in what we hope for and assurance about what we do not see.”

Prayer:

Lord, help me walk by faith today, trusting You even when I cannot see the outcome.

Jeremiah 29:11 (NIV)

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Prayer:

God, help me trust Your plans for my life and live today with hope and confidence in You.

Philippians 4:6 (NIV)

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”

Prayer:

Lord, I bring my concerns to You today and choose prayer and thanksgiving instead of anxiety.

Philippians 4:13 (NIV)

“I can do all this through Him who gives me strength.”

Prayer:

God, strengthen me today to face whatever comes with faith and endurance.

Philippians 4:8 (NIV)

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”

Prayer:

Lord, help me fix my thoughts on what is true and life-giving rather than fear or doubt.

Luke 13:23 (NIV)

“Someone asked Him, ‘Lord, are only a few people going to be saved?’ He said to them,”

Prayer:

God, help me live with urgency and faithfulness, fully committed to following You.

Micah 6:8 (NIV)

“He has shown you, O mortal, what is good. And what does the Lord require of you?
To act justly and to love mercy and to walk humbly with your God.”

Prayer:

Lord, help me live out my faith daily through obedience, mercy, and humility.

2 Corinthians 9:8 (NIV)

“And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.”

Prayer:

God, help me trust Your provision and live expectant of Your faithfulness.

GRIEF, PAIN & REST

Psalm 34:18 (NIV)

“The Lord is close to the brokenhearted and saves those who are crushed in spirit.”

Prayer:

Lord, as I walk through pain or loss, help me rest in the truth that You are near and that You see my broken heart.

Matthew 11:28–30 (NIV)

“Come to Me, all you who are weary and burdened, and I will give you rest.

Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls.

For My yoke is easy and My burden is light.”

Prayer:

Jesus, I bring my weariness to You today and receive the rest You promise for my soul.

2 Corinthians 1:3–4 (NIV)

“Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort,

who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.”

Prayer:

God of comfort, meet me in my pain and use even my suffering to bring comfort to others.

Psalm 147:3 (NIV)

“He heals the brokenhearted and binds up their wounds.”

Prayer:

Lord, bring healing to the places in my heart that still hurt and need Your touch.

SPIRITUAL BATTLE, ENDURANCE & PERSEVERANCE

Ephesians 6:10–12 (NIV)

“Finally, be strong in the Lord and in His mighty power.

Put on the full armor of God, so that you can take your stand against the devil’s schemes.

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”

Prayer:

Lord, strengthen me in Your power today and help me stand firm in the spiritual battles I face.

1 Peter 5:8–9 (NIV)

“Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.”

Prayer:

God, keep me alert and grounded in faith so I can resist the enemy and stand firm.

James 4:7 (NIV)

“Submit yourselves, then, to God. Resist the devil, and he will flee from you.”

Prayer:

Lord, I submit my life to You today and trust that as I resist the enemy, You will give me victory.

HUMILITY, CHARACTER & FRUIT

Luke 14:11 (NIV)

“Those who humble themselves will be exalted.”

Prayer:

God, help me walk in humility today and resist pride in every area of my life.

Matthew 12:33 (NIV)

“A tree is recognized by its fruit.”

Prayer:

Lord, help me live out my faith today so that my life produces good fruit that honors You.

Galatians 5:22 (NIV)

“The fruit of the Spirit is love, joy, peace...”

Prayer:

Holy Spirit, grow Your fruit in my life today.

1 Corinthians 16:14 (NIV)

“Do everything in love.”

Prayer:

Lord, let love guide every action and decision I make today.

BECOMING THE PERSON GOD CALLS ME TO BE: By Pastor Brian Mills

Lord,
grant me the wisdom of Solomon,
the leadership of David,
the passion of Peter,
the zeal for the gospel like Paul,
the loyalty of Mary Magdalene,
the faithfulness of Stephen,
the friends like Jonathan,
the obedience of Noah,
the endurance of Job,
the steadfastness of Daniel,
the commitment of Shadrach Meshach and Abednego
the repentance of the women at the well
the boldness of John the Baptist
the vision of Nehemiah
the willingness of Moses
the faith of Abraham
the courage of Joshua
the bravery of Esther
the willingness to stand alone of Elijah
the favor of Joseph
the servanthood of Jesus
the love of the great commandment
and the willingness to die to myself, take up my cross, and follow Jesus, as seen in the disciples.
Let my faith lead me today Lord!!!

THE ARMOR OF GOD PRAYER: By Pastor Brian Mills

Good morning, Lord. Thank You for assuring us victory today. By faith, we choose to follow Your battle plan and to prepare ourselves according to Your instructions.

Lord, today prepare us for the battle ahead. By faith, we put on the belt of truth. Renew our minds to what is true. Fill us with Your truth. Expose in our hearts the lies we are tempted to

believe. The truth is that You are a sovereign God who loves us and cares for us. We are children of God—bought and paid for. Nothing can separate us from Your love.

By faith, we put on the breastplate of righteousness. Today, let us be committed to doing what is right. I pray that we would be known as people who do what is right, regardless of what it costs us. Allow the righteousness of Christ to shine through us today.

By faith, we put on the shoes of the gospel. I am available to You. Use me as a Kingdom Influencer. Together We Tell People. Lord, today let us share our testimony with others. Let us, Lord, take up the shield of faith. We declare our faith is in You and You alone. Apart from You, we can do nothing. In You, we can do all things. Lord, we commit to let our faith lead us today through whatever we are walking through.

By faith, I put on the helmet of salvation. Thank You for saving us. Let us never forget the day of our salvation. Thank You for forgiving us. Thank You for sending the Holy Spirit to live inside of us.

Holy Spirit, we surrender our will to You today. We surrender our thoughts to You.

And last, we take up the sword of the Spirit, which is the Word of God. We claim Your Word over our fears, anxiety, frustrations, temptations, and anything that comes at us today.

In Jesus' name, amen.